

## 1. The secret of **Suspicion** is faith in our doubts

- Doubts are negative understanding
- Distrust -- When we disbelieve another, we place faith in our understanding of their unreliability and empower it
- When you rely on your understanding that another is unreliable and give that understanding power for self-fulfillment.
  - Eliza's prejudice invites Darcy's interference with Jane and Bingley
  - Mr. Bennet energizes the negative side of Mrs. Bennet by laughing at it
  - Lady Catherine boosts up Lizzy's energy by provoking her
  - Lizzy's warning about Lydia energizes the negative side of Lydia
- What should you do when you have doubts?
  - Shift your faith to Mother.

## 2. The secret of **Trust** is faith in our beliefs

- When instead you rely on the understanding that another can and will do as he says, you lend power of your faith to his positive action and it has a positive result
- Beliefs are positive understanding
  - Jane's belief in Bingley
  - Collins believes in Lady Catherine's instruction to get married and does succeed
  - Lucy Morris strongly believed in Frank's loyalty even when he doubted and was enamoured of Elizabeth Eustace. Although Lizzy poisoned her mind, she decided not to send her letter releasing him.
  - Winston Churchill single-handedly defeating Hitler during WWII.
  - FDR inviting people to deposit money in the banks.
- When we believe, we place faith in our positive understanding.
- Gita says you become whatever you believe you can become.
  - It is a truth, but a partial truth
- Belief has power. But its power is limited.
  - Placebo effect: how the horse serum cured Mr. Wright of cancer

## 3. The secret of **Understanding** reveals its power when you give it up.

- When instead you realize that your understanding has power and refuse to limit it to a specific understanding, something many times greater can result
  - Darcy acts to save Lydia and wants to keep it a secret without reflecting on what may be the result.
- When we rely on belief in our capacity, intelligence, family, community, money, status, self-importance or any other thing, we limit our progress to what society readily grants us.

- We also find that this belief has no power against those who have the same or greater endowment in that area, e.g. more wealth, greater intelligence or cleverness.
- Belief energizes and fortifies our human capacities, e.g. ego
- Try to identify points at which your beliefs succeed and the points at which they fail.
  - Both show the level of your present progress and the path for further growth.
- Give up doubts and beliefs

#### 4. The secret of **Faith** is one's inner realization

- Faith is spiritual knowledge reflected in the mind
- P&P
  - Mrs. Bennet had faith she could marry her daughters
  - On first hearing of Bingley's arrival at Netherfield, Mrs. Bennet had the faith he was meant for Jane.
  - Darcy went to London with the faith that he could save the situation and win Elizabeth, even without her discovering the role he played.
- Around the World in 80 Days
  - Phineas Fogg believed he could do it in spite of innumerable obstacles until the very last day. His belief was not in anything particular. It was an inner faith of his being.
- Where have you seen your faith flawlessly fulfilled in your life?

#### 5. The secret of Faith is the **Unknowable** -- shift to reliance on the **Unknown**

- Shift from reliance on understanding to faith in Mother
  - When Draupadi is stripped in front of an assembly, she calls Krishna without taking any external efforts on her part, surrendering completely.
- That is the true basis of consecration – Thy Will, not my will
- Appa
  - He sent us to meet Mrs. Gandhi
  - He said Chrysler could be saved
  - He said Cold War could be ended
  - He said Nuclear weapons can be abolished (MPI)

#### 6. The secret of the **Unknowable** is that He comes to us according to our values (consciousness).

- It comes to Mrs. Bennet as Lydia's elopement because that is her secret yearning
- It comes to Darcy as Elizabeth's prejudice and Wickham's scandal because he values his pride and self-importance.
- When he shifts from his self-importance to his love for Elizabeth, it comes to him as Elizabeth's surprise visit to Pemberley.

## 7. The secret of **Silent Will** is not willing

- Jane and Bingley do not wish, desire or yearn to meet each other, or get the other person back. They avoid talking about each other; we know Jane tries not to think about Bingley.
- After Hunsford, Darcy still loves Elizabeth. But he wills nothing. After news of the elopement, Elizabeth has no will, wish or hope about Darcy.
- Mary Thorne's love getting fulfilled by virtue of her patience and Silent Will.

## 8. The secret of **Death** is it makes **Life immortal**

- Recurrence of life is permanent
- Universes may end but cosmos is eternal
- Continuous replacement of form
- Ossified forms need to be replaced to allow the soul to keep evolving.
- French Revolution meant death for thousands of aristocrats but renewed vitality for the French nation which rose to its greatest heights under Napoleon.
- For Lady Catherine, Darcy marrying Elizabeth is death to Pemberley.
- Companies go bankrupt, but social progress continues
- Nations disappear but humanity evolves
- Old customs and ways of life die, but Life is perpetual
- We identify with the body and form and fear death. Identifying with the living soul of things, we see the evolutionary progress,

## 9. The secret of **Power** is the enjoyment in exercising it

- It is not so much the accomplishment that we enjoy as the power that is enjoyable.
- Life craves for power and mastery.
- Ego tries to possess power and use it to dominate everyone else.
- The urge to possess, exercise and misuse power is irresistible.
- The fair use of power and fair distribution of benefits is possible only for the realized soul.
- Ego always wants the lion's share.

## 10. The secret of **Happiness** is the ability to spread it

- The secret of Cheerfulness is self-forgetful goodwill
  - Eliza is always preoccupied by Jane's happiness and is far happier than Jane.
- Jane wants to please everyone and everyone is pleased with her.
- Charlotte wants Jane and Elizabeth to be happy. She gets more than she asks for, including Jane and Elizabeth's estate
- Lucy Morris thought of everyone else and made everyone else happy.
- Goodwill for others is a formula for self-fulfillment.

### 11. The secret of **Judgment** is impartiality

- Collins believes what he wants to believe, e.g. Darcy's response to his introduction
- Our judgments are always personal like Eliza's view of Wickham's goodness
  - Her attraction (liking) blinded her to his character
- Darcy's pride blinded him to Elizabeth's individuality
- Even when our words are impartial, our feelings will not be (Darcy's letter)
- Impartiality must be at the level of feeling and sensation
- When someone makes a suggestion, we always judge it according to our attitude to the person, not on the merits of the suggestion.

### 12. The secret of **Gossip** is ill-will

- Bad news spreads quickly -- Lydia's elopement
- Mrs. Bennet's love of gossip makes her the center of a scandal at Meryton
- Eustace diamonds – whole London aristocracy is following it
- Catch yourself the next time you receive gossip
  - When something in you enjoys the bad news, wants it to be true or justifies that the person deserves it.
- Even when the gossip is against oneself!
  - About Lydia's elopement, Mrs. Bennet claims "I warned them it would happen."

### 13. The secret of **Family** is tolerance of lapses

- Lydia is pardoned for the unpardonable act of sacrificing the entire family
- Collins says she must be banished forever from the family
- Tagore story of 6000 sovereigns – I spend it – because MIL didn't ask, the DIL slaps him and reverses
- We often mistake indulgence for tolerance
  - Tolerance is highest virtue. Indulgence is the source of disaster.
  - Wealthy industrialist's indulgence of his children leads to loss of his son (MN)
  - Husband's indulgence of wife, parent of child, child of parent ruin the family
  - We indulge our own weakness in others

### 14. The secret of **Subtlety** is it contains far more power than the physical.

- Internet is subtle – virtual reality
- Money is more powerful than property or possessions
- Mr. Collins's personality was more important to Lizzy than his property
- Mr. Bennet's honor was more important to him than money
- Darcy's love transcended money and status
- Opinion and belief are more powerful than words – you become what you believe in
- Motives are more powerful than thoughts
- Mother's consciousness is more powerful than property, land, social status or any power – 35 1(iii)

15. The secret of **Triumph** is that it inevitably leads to regret.

- Triumph spends the energy of accomplishment on enjoyment of self-assertion
  - Mrs. Bennet with Lady Lucas
- Triumph is assertion of ego
  - Darcy with Bingley
  - Mr. Collins on news of Lydia's elopement
- Ego perpetuates itself either by success or failure
  - Mrs. Bennet's disappointment is still an assertion of her ego.

16. The secret of **Strength** is equality,  
the secret of **Equality** is impersonality, and  
the secret of **Impersonality** is to rise above personal preferences.

- Darcy is able to find Wickham where Mr. Bennet and Mr. Gardiner failed because he casts aside his egoistic preferences
- Giving up preferences overcomes RJB's opposition to the survey of Fellows
- Mother's attributes of the superman

17. The secret of **Results** is that power goes to those truly responsible for the results

- Whoever does the work gets the power (results)
- When power goes to those who worked for it, results will be long lasting.
- If you try to claim the benefit due to you, it is the ego and that raises resentment
- The only solution is to offer the power, benefit, results to Mother through consecration.

18. The secret of **Ambition** is man wants to acquire the benefits without effort or desert.

- When a man knows the possibilities, he wants all the benefits doing nothing.
- If you try to give the power or benefit to another, they try to eliminate you and end up eliminating themselves or spoiling the work

19. The secret of **Bankruptcy** is wanting what you do not deserve or denying just rewards to others

- Wickham -- tries to take Georgiana, denies Darcy's generosity

20. The secret of **Misfortune** is the lower trying to possess what belongs to the higher

- My qualities, my contributions, my work or my consciousness deserve special consideration
- Devotees ego claims the rewards of service and donation – I am doing service, therefore I am important
- Johnson's intellectuals – all used higher endowments for lower indulgence

## 21. The secret of **Opportunity** is Crisis

- Opportunities missed turn into crises
  - Darcy's 'tolerable'
  - The Hunsford proposal is an opportunity for Elizabeth and Darcy to shed their ego, and make immense progress. Lydia's elopement is an opportunity for Mr. Bennet to shed his wrong attitudes of the past 25 years
  - Delhi devotee's prosperity
  - Industrial Revolution led to two world wars of mass destruction
  - End of Cold War led to rise of terrorism

## 22. The secret of **Crisis** is Opportunity

- Crises can be converted into opportunities.
  - Darcy's response to Lydia's elopement.
  - WWII led to unprecedented peace and prosperity in Europe

## 23. The secret of **Freedom** given to others is that it helps us outgrow our own lower self.

- Freedom is to permit others, especially our children, to be different from ourselves
  - The freedom Mr. Bennet gives his wife helps him outgrow his laziness and lack of responsibility
- What others do to us in freedom is what we would like to do to others
  - Lydia's elopement expresses Mrs. Bennet's urge
  - Wickham scandalizes Darcy in public because Darcy scandalizes others in private

## 24. The secret of our **Opponent** is our own ego

- Darcy's pride and Eliza's prejudice
- The secret of **Opposition** is the energy we give to our opponent through our attention and reaction
  - Eliza and Caroline
- Our opponent's obstinacy reflects our own attitudes
  - Darcy's arrogance invites Wickham's jealousy and scandal
- The opposition represents our own subconscious urges
  - Caroline's opposition to Eliza expresses Eliza's subconscious attraction to Darcy
  - Lydia carries out Elizabeth's subconscious urge

## 25. The secret of **Sustained Success** is humility

- CEOs of Good is Great companies
- Success raises self-assertion in us that cancels our success.
- We are eager to forget the services of those who truly do or give more
- No one likes to acknowledge or admire another except those that are above us socially

- Darcy and Caroline look down on all Meryton
- Darcy calls her tolerable
- Humiliation is the consequence of arrogance
  - The Bennets frown on Collins, therefore they suffer humiliation
  - Collins reveres Lady Catherine but readily condemns the Bennets

**26. The secret of **Neglect** is the desire for recognition and appreciation**

- Collins
- Mary

**27. The secret of **Popularity** is not to seek it**

- Popularity comes when you recognize the virtues in others
  - Elizabeth – she does not seek – laugh's at Darcy's tolerable
- When you don't celebrate your talents, intelligence, the world celebrates them
  - Jane – she tries to be good in herself, not to curry to others
- Beauty is modesty – lack of self-consciousness
  - Burgo's beauty
  - Phineas

**28. The secret of **Self-importance** is false claims of credit**

- Rich man's son
- Superior cast
- I'm an American
- I am the real bread earner in the family

**29. The secret of **Spiritual Organization** is harmony**

- Contradictions are physical, Conflict is vital, Compromise is mental, Harmony is spiritual
- Mental organization can never be harmonious because it is founded on limited perspectives that clash with one another even when ego does not intervene
- At best mental organization can avoid disharmony
- Only the spiritual value of harmony can achieve true reconciliation
- That must be based on the knowledge that there is always truth in the other person's point of view

**30. The secret of **Fear** is that it attracts the object of fear.**

**31. The secret of **Courage** is it laughs at adversity**

- Lizzy laughs at "tolerable"
- Her courage comes out when she is challenged
- Christian missionaries in S America
- Churchill's exhilaration

32. The secret of **Ignorance** is that it is one-sided
33. The secret of **Truth** is it includes the truth of every point of view
34. The secret of **Persuasiveness** is silent listening
- Darcy's confidentiality
35. The secret of **Perfection** is to seek achievement at the next higher level.
- Eliza seeks perfect marriage by marrying for love.
  - Darcy seeks perfect love by becoming totally true, good and self-giving.
36. The secret of **Positive Progress** is that it simultaneously opens up the negative that must to be overcome.
- Internet banking requires perfect security from fraud.
  - Eliza's ascent to Pemberley requires overcome Lydia's urge to become a street woman.
37. The secret of **Instantaneous Results** is consciousness responsibility combined with ardent determination and endless patience.
- Darcy finds Wickham and Lydia and wins Elizabeth